

Homeopathic Remedies Combination, the Prime Target for Totality of Symptoms

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Abstract— The effectiveness of combining more than one homeopathic remedy in different potencies was studied and compared with that of single remedy using some case studies and literal work. The objective of this work is to see if the use of remedies combination in homeopathic treatment is holistic as to cover the homeopathic principle of totality of symptoms. All the case studies overviewed in this work agree that homeopathic remedies combination in homeopathic treatment enables the homeopath to easily achieve totality of symptoms in homeopathic treatment. This work also subscribes that if constituent remedies in the combinations are carefully selected with avoidance of antidotes and inimical elements, homeopathic remedies combinations will serve as supper polychrest in the body system.

Index Terms— Totality of symptom, Remedies combination polychrest, holistic.

I. INTRODUCTION

Homeopathy is a system of medicine that is based on the principle that “like cures like”, an English meaning of the original latin word, “*Similia Similibus Curenture*”. This principle states that a substance of medicine which can cure a symptom or symptoms of a disease and the disease of a sick person is the substance that is able to produce the same or similar symptoms of the disease if given to a healthy person (*De Schepper, 2010, Kayne, 2008, Hahnemann, 1833, Kent, 2005*).

Homeopathic treatment is also based on totality of symptoms. This means the treatment of the totality of the outward morbid symptoms and the internal essence of the disease. The morbid symptom of a disease is the outwardly reflected pictures of the internal essence of the disease. In other words the outward signs of a disease are the outwardly reflected pictures of the organopathic or systemic functional effects of the disease. The totality of symptoms as explained are good reflections of the derangement of vital force of the system or organ; and this is the sole means in homeopathy whereby the disease can make known what remedy it requires for healing or the most appropriate remedy for the disease. When the picture of a disease, whatever be its kind, is once accurately sketched, the most difficult part of the task is accomplished (*Hahnemann, 1992, De schepper, 2010*).

In classical homeopathy, however, the task is not assumed

to be accomplished when only you have noted by clerking, the outward symptoms of the patient which reflected the pictures of the organopathic or systemic functional effects of the disease of the patient because it is taken that the internal essence of the disease did not stop on the effects on the biological organs and systems but also includes the psychological, emotional and family history or hereditary information of the patient. Any one homeopathic medicine that will touch all those aspects of the patient is said to be holistic in the treatment of the disease of the patient. (*Organon 5 & 6, Hahneman, 1921*). Based on this premise, detailed clerking, appropriate rubrics and repertorization are emphasized greatly in classical homeopathy. The goal of classical homeopathy in this emphasis is to arrive at a single ingredient remedy in a single potency to treat totality of symptoms.

Classical homeopathy is also emphatic on the sensitivity that one single remedy and potency used to treat the totality of symptoms of a patient may be different from the remedy that could be used to treat another patient of same disease etiology. This is because of certain individualities of symptoms exceptionally expressed on different individuals by the same disease. Homeopathy refers to this as modalities. In other words, modalities are individual’s specific attributes and characteristics that attach themselves to and modify a particular symptom. For instance, one person has knee pains and feels better when walking but worse when at rest and another person has same knee pain that does the reverse.

Modern or clinical homeopathy of course upholds the principle of “*similia similibus curenture*”, totality of symptoms and holistic treatment of the patients for restoration of health. Modern homeopathy is also sensitive about modalities in the holistic treatment but has certain proactive modifications to some approaches and applications. Modern homeopathy opines that:

Medical investigative methods such as laboratory testing, radiology and other electromagnetic methods should be applied to confirm the totality of symptoms for suitable remedies. The observations and experiences in the principle and practice of repertorization show that more than one or two remedies may tally with disease rubrics and symptoms, even taking cognizance of modalities. With the advent of industrial revolution, environmental toxicities, vaccinations, and suppressive drug therapies, the basic evolution of disease processes have drastically complicated the manifestation of today’s disease patterns. The more complex the cause of disease have become, the more complex the Homeopathic

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solutions need become for greater effectiveness (Sahal et al, 2014).

Classical or modern homeopathy agrees with “Hering’s law of cure”, which states that the suppression of disease sends it deeper into more vital areas of the body but equally agrees that with the principle by which “Similia Similibus Currentor” stimulates homeopathic healing through the reawakening of the vital force of the body over intruding disease, the disease patterns will come out in the order they occurred in suppression and healing occurs from “above down” and “inside out” (Sahal et al 2014, Hahneman, 2013, Kent J 1997, Hering C 1865, Kent J, 1911).

Homeopathic medical practice has in all these years been done in agreement with and reference to antidoting and complementarity of remedy ingredients. Drugs that antidote each other are usually avoided in combination while drugs that complement each other could be allowed for combination since it is known from homeopathic remedy repertorization that certain remedies tally in their degree of tendencies to match some symptoms of a disease. It is equally known by provings in homeopathy that a group of homeopathic remedies called polychrests, have individual ability to treat many disease symptoms to restore the mental, emotional and physical health of the patient (Hernando, 2018, ebook).

It becomes therefore, a wise practice to complementarily combine remedies for deeper and faster effectiveness, especially in chronic diseases. The combined proving symptoms of the constituent remedies are regarded as supper polychrests in this context. This insight allows homeopaths to discover the most comprehensive and synergistic homeopathic remedies that could produce the highest percentage of results, faster results, higher percentage of cure, and less healing crises or detox responses. It is equally considered in homeopathic therapy that multiple potencies combination will provide a broader therapeutic spectrum which will produce a much greater percentage of results that are faster, longer lasting and higher percentage of actual cure (Chirofreinfo.com, 2019). When remedy ingredients are introduced into biologic system, dynamic changes occur during biochemistry and physiologic interactions with the body system. During these dynamic biological changes, the remedy potency requirement for continued effectiveness also changes.

Therefore, the broad spectrum of potencies in the combination will provide a continuous therapeutic effect as the potency requirements change during the healing process (Chirofreinfo.com, 2019). The body will utilize the remedy ingredients it needs at the potencies it needs it, when it needs it. With high homeopathic remedy dilutions that elicits virtually no side effects, the body accesses multiple signals from multiple potency combination of remedies while traveling through the healing process to provide uninterrupted healing service to achieve a thorough cure or restoration to wholeness (Chirofreinfo.com, 2019). Some homeopaths and homeopathic remedy manufacturers

describe homeopathic remedies combination practice as a unique blend of complementary components in homeopathic treatment of diseases (BM-Homeopathic Ref book, 2013).

II. MATERIALS AND METHODS

The materials and methods used in this study are as stated in the case studies presented below.

CASE STUDIES

Some cases where homeopathic remedies combination were treated, and managed have been reported to demonstrate the effectiveness of the use of more than one and two remedies combination in homeopathic treatment rather than the usual classical homeopathic treatment with just one single remedy.

CASE 1:

It was reported that no specific medications can successfully deal with dangue epidemics and dangue shock syndrome (DSS) in allopathic medicine. This is because dangue epidemics have increased in extension and virulence, possibly indicating viral mutation (Syed Saeed et al 2013).

However, homeopathy as cited by World Health Organization (WHO) has been used successfully for the prevention and treatment of infectious disease (Ferley et al, 1989, Jacobs et al, 1993, Jacobs et al, 1994). Bryonia alba, Rhus Tox, Gelsemuim, Aconitum, Eupatorium, China, Hamamelis, Colocynthis, Crotaulus and phosphorus were used in combination (Syed Saeed et al, 2013). As reported by central council of Research in Homeopathy, India out of 23,520 people from dangue hemorrhagic fever, only 5 persons (0.125%) developed mild symptoms, with the rest showing no signs or symptoms of the disease after a 10 day homeopathic treatment. A synergistic effect of the remedies mentioned above with respective functional and organopathic symptoms of dangue hemorrhage disease exhibited therapeutic effects on the totality of symptoms of dangue fever (CCRH News, 1997, Mogowski, 2002, Robin, 2000).

CASE 2

A 65 years old man presented with signs and symptoms of BPH for one year, having frequent urge for urine, every 2 – 3 hours at night with feeble stream. Patient had a feeling as if some urine remained after each void. Considering the family history of cancer, the mental and general physical symptoms as well as presenting complaints of the patient, carnosin, sabal serulater and staphysagria were combined for treatment at certain stages. It was observed that IPPS was decreased from 21 to 9, residual urine volume was decreased from 104ml to 11ml, maximum uroflowmetry was increased from 10ml per second to 20ml per second, average uroflow was increased from 6ml per second to 11ml per second and the void volume of urine was also increased from 89ml to 408ml progressively within seven months of treatment (Nayak et al, 2017).

CASE 3:

In human liver disorders suspected to have neoplastic growth the degree of intervention/reduction of hepatotoxicity and oxidative stress was greater in the combination homeopathic drug treatment than the single treatment as demonstrated by some enzyme changes, and histological features of liver cells. This research showed cumulatively that although the single homeopathic remedies played combative role in restricting the cellular and sub cellular damage, the degree of effect of combined homeopathic remedies was more than that of single remedies as especially supported by the histological features of liver cells studied (Nandini and Anisur-Rahman, 2012).

CASE 4:

In a randomized controlled multinational clinical trial, 523 patients of age range of 1 – 65 years who had upper respiratory tract infections (URTI) were treated with homeopathic combination remedies. 265 of the URTI patients were randomly grouped and treated in 12 Ukrainian centres while 258 of them were also randomly grouped and treated in 10 German centres. Six homeopathic combination remedies which included Aconite D3, Bryonia D2, Eupatorium Perfoliatum D1, Ipecacuanha D3 and Phosphorus D5 were combined and used in the groups.

The result was that the combination remedies showed more effectiveness, shortened the URTI, duration, reduced the use of symptomatic medication and was well tolerated (Thinesse-Mallwitz et al, 2015).

III. DISCUSSION:

Homeopathic treatment basically aims at treating outward morbid symptoms and the internal essence of diseases; that is homeopathic totality of symptoms. It is known that the goal of classical homeopathy is to arrive at a single ingredient remedy in a single potency to treat totality of symptoms. This is done by repertorization and re-repertorization as the disease treatment goes with a single Similimum. The process is usually cumbersome and time consuming resulting to prolonged time of cure. Having known also in homeopathy that some remedies have individual ability to treat many disease symptoms to restore the mental emotional and physical health of the patient (Hernando, 2018), it is therefore wise to think about how to complementarily combine some remedies in homeopathic treatment to achieve faster and deeper healing process, considering homeopathic totality of symptoms.

It is also known that when remedies are introduced into biologic system, dynamic changes occur during the dynamic biochemistry and physiologic interactions with the body system. During these dynamic biological changes, the remedy potency requirement for continued effectiveness changes. The broad spectrum of potencies in the combined remedies will provide continuous therapeutic effect as the system potency requirements change during the healing process

(Chirofreeinfo.com, 2019). As this process goes on, the body will therefore utilize the combined remedy ingredients it needs at the potencies it needs them when it needs them (Chirofreeinfo.com, 2019).

From the sample case studies presented in this work, combination of remedies showed more effectiveness in the treatment of BPH than single remedy (Nayak et al, 2017). Homeopathic combination remedies have been successfully used in the treatment of dengue epidemics (Syed Saeed et al, 2013) and in the prevention and treatment of infectious diseases (Ferley et al, 1989, Jacobs et al, 1993, 1994 & 2000). In the treatment of human liver disorder suspected to have neoplastic growth, the degree of effect of combined homeopathic remedies was more than that of the single remedy (Nandini and Anisur-Rahman, 2012). In a randomized controlled multinational clinical trial on upper respiratory tract infection patients, homeopathic remedies combination treatment showed more effectiveness and shortened the URTI disease course duration. This work not only agrees with some homeopathic remedy manufacturers that the use of homeopathic treatment is a unique blend of complementary remedy components in homeopathic treatment of diseases (BM. Homeopathic Ref. Book 2013) but that it also enables the realizability of totality of symptoms in homeopathic treatment. This work also subscribes that if the constituent remedies in the combinations are carefully selected with avoidance of antidotes and inimical elements, homeopathic remedies combinations will serve as supper polychrest.

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